

FACILITATION

5 Personal Questions



10 min



4+



**Trust
Respect
Openness**

What can you learn?

At start of a meeting to create a level of trust via sharing.
Gets everyone talking which will allow for easier flow during meeting.

What do you need?

Decide on 5 questions – change these if you use this technique often.

Eg:

What did you want to be when you were 10?

Where did you grow up?

Do you have any brothers or sisters?

What was your favorite sport/hobby as a 10 year old?

What is your favorite dessert now?

How to do this?

Split the group into pairs, if you have an odd number create one group of 3.

Instructions to group at start:

- You have 5 minutes to discuss the following questions.
- At the end you will have to mention just 1 interesting thing you learned about your partner, so try not to divulge any deep dark secrets!

At the end have each person share one most interesting snippet about their partner with everyone.

Who shared this with us?

Facilitation Course by [Sigi Kaltenecker](#)

[Book: Five Dysfunctions of a Team](#)

Other ideas ...

Change the questions

